

APGAR SCORING CHART (for newborn babies)

Clinical Signs	Zero	One	Two
A = Appearance (Color)	Blue, pale	Body pink, Extremities blue	All pink
P = Pulse (Heart Rate)	Absent	<100	>100
G = Grimace (Reflex Response)	No response	Grimace	Cough, sneeze
A = Activity (Muscle Tone)	Limp	Some flexion of arms and/or legs	Well flexed
R = Respiratory effort	Absent	Weak cry, Hypoventilation	Strong cry